

Organic Baby Menu Week 1 - Week Commencing 14.09.26

Smooth Puree 6-8 Months	Organic Apple & Cinnamon 	Organic Pear & Banana 	Organic Roasted Pumpkin 	Organic Apple & Sweet Potato 	Organic Lamb & Sweet Potato 	Organic Chicken, Pumpkin & Oats 
Creamy Puree 8-10 Months	Organic Apple & Cinnamon Porridge 	Organic Pear, Banana & Quinoa 	Organic Pumpkin, Macaroni & Cheese 	Organic Spinach, Lentil & Pumpkin 	Organic Chicken, Pumpkin & Spinach 	Organic Roast Lamb, Sweet Potato & Pea 
Thick Puree 10-12 Months	Organic Apple & Cinnamon Porridge 	Organic Pear, Banana & Quinoa 	Organic Pumpkin, Macaroni & Cheese 	Organic Sweet Potato, Chickpea & Zucchini 	Organic Chicken, Pumpkin & Cous Cous 	Organic Roast Lamb, Sweet Potato & Pea 

No Added Salt or Sugar

Free of Preservatives & Additives
www.healthycookingco.com.au

Locally Sourced Organic Produce

Organic Dairy-Free Baby Menu Week 1 - Week Commencing 14.09.26

Smooth Puree 6-8 Months	Organic Apple & Cinnamon 	Organic Blueberry, Banana & Quinoa 	Organic Apple & Sweet Potato 	Organic Roasted Pumpkin 	Organic Sweet Potato & Pear 	Organic Pumpkin & Carrot 
Creamy Puree 8-10 Months	Organic Blueberry, Banana & Quinoa 	Organic Zucchini, Pea & Pear 	Organic Sweet Potato & Chickpea 	Organic Spinach, Lentil & Pumpkin 	Organic Chicken, Pumpkin & Oats 	Organic Sweet Potato & Pear 
Thick Puree 10-12 Months	Organic Pear, Banana & Quinoa 	Organic Apple & Cinnamon Porridge 	Organic Blueberry, Banana & Quinoa 	Organic Sweet Potato, Chickpea & Zucchini 	Organic Sweet Potato & Pear 	Organic Spinach, Lentil & Pumpkin 

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